

# Nebraska HPV Survivor School



## MAY 29, 2018

8:30 AM – 4:30 PM



Survivor School is a one-day advocacy training and relationship-building event for cancer patients, providers, survivors, advocates and experts looking to become more involved in the HPV-related cancer movement. Participants will connect with other survivors and advocates while working together to change the future of health. Survivor School is one of two pre-conference events being held the day before the 2018 Nebraska Cancer Summit.

### What You'll Gain:

- Essential knowledge about HPV, cervical cancer and prevention
- Training in impactful storytelling so you can share your experiences with confidence and authenticity
- Opportunities for support from others who have been where you are
- Identify experts in areas such as media, advocacy, scientific research, health-care, communications, psychology and therapy
- Discuss the importance of patient and provider relationships
- Enjoy honest discussion and a safe place to share and connect

### Travel Scholarships Available:

Thanks to generous sponsor support, reimbursements for mileage and hotel are available to qualified individuals on a first-come, first-served basis.

[More Info / Apply](#)

### AUDIENCE:

- Patients and survivors of HPV-related cancers (including cervical, anal, oropharyngeal, penile, vaginal and vulvar cancers)
- Clinicians
- Social workers
- Patient navigators

### LOCATION:

Nebraska Innovation  
Campus Conference Center

2021 Transformation Drive  
Lincoln, NE 68508

### CE CONTACT HOURS:

CECH: 6.5 hours  
Nursing: 3 hours

NC2 is an approved provider for continuing education contact hours in health education and for continuing nursing education. See page 3 for additional details.

### REGISTRATION:

Survivor School + Summit  
**FREE**

Survivor School Only  
**\$15**

Register online at  
[www.necancer.org/  
preconference](http://www.necancer.org/preconference)



# Agenda

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8:30 AM – 9:00 AM	<b>Registration/Breakfast</b>
9:00 AM	<b>Welcome</b> <ul style="list-style-type: none"><li>• Kirby Simmering, Executive Director, Nebraska Cancer Coalition (NC2)</li><li>• Tamara Robinson, State-Based Health Systems Manager, American Cancer Society</li></ul>
9:10 AM – 9:30 AM	<b>Meet The Facilitator / Your Story Matters</b> <p>Each of our stories is unique and can offer a distinctive platform to help us reach others as we advocate. How can you use your experience, expertise, resources, and daily life to create and modify your own story to impact others?</p> <ul style="list-style-type: none"><li>• Tamika Felder, 17-Year Cervical Cancer Survivor and Cervivor Founder</li></ul>
9:30 AM – 10:30 AM	<b>Facts about HPV, the HPV Vaccine, Recommendations, Safety &amp; Efficacy</b> <ul style="list-style-type: none"><li>• Meera Varman, MB, BS, Professor, School of Medicine, Creighton University</li></ul>
10:30 AM – 10:45 AM	<b>Break</b>
10:45 AM - 11:45 AM	<b>Mindfulness for Cancer Patients &amp; Survivors</b> <ul style="list-style-type: none"><li>• Drew Buss, MS Ed, LIMHP, Psychotherapist and Mindfulness Teacher at Into Balance and Adjunct Instructor at Nebraska Wesleyan University</li></ul>
11:45 AM – 12:45 PM	<b>Luncheon Keynote &amp; Networking – Spotlight Nebraska: Teaming Up For Survivorship</b> <p>We'll explore the importance of the patient and provider relationship. Thriving as a survivor means having a good team in place. Thriving as a provider means understanding the unique needs of your patients. Team work makes the dream work!</p> <ul style="list-style-type: none"><li>• Scott Wieskamp, Oral Cancer Survivor</li><li>• Polly Ubben, MA, CCC-SLP, Speech Language Pathologist</li></ul>
12:45 PM – 1:45 PM	<b>Embracing our Sexual Self After Cancer</b> <ul style="list-style-type: none"><li>• Brier Jirka, LIMHP, CPC, CST, Associated Counseling Professionals</li></ul>
1:45 PM – 3:00 PM	<b>From Patient To Advocate: Making Your Survivorship Count</b> <p>Find meaningful ways to make your experience count by using your personal story as a catalyst to empower others and impact the HPV cancer community.</p> <ul style="list-style-type: none"><li>• Emily Hoffman &amp; Morgan Newman, Cervivor Ambassadors</li><li>• Jon &amp; Kris Scharingson, Oral Cancer Survivor &amp; Caregiver</li></ul>
3:00 PM – 3:15 PM	<b>Break</b>
3:15 PM – 4:00 PM	<b>Life after Treatment: World Café Activity</b> <p>Tap into your story by participating in the World Café discussion protocol to intimately discuss how your life has changed as a result of cancer and find common ground with others.</p> <ul style="list-style-type: none"><li>• Holly Lawson, Cervivor Ambassador</li></ul>
4:00 PM – 4:15 PM	<b>We're Stronger Together</b> <p>Together we'll establish some advocacy expectations going forward and share our personal ideas on what next steps we feel comfortable taking in order to advocate for HPV prevention and awareness.</p> <ul style="list-style-type: none"><li>• Tamika Felder, 17-Year Cervical Cancer Survivor and Cervivor Founder</li><li>• Kirby Simmering, Executive Director, Nebraska Cancer Coalition (NC2)</li><li>• Tamara Robinson, State-Based Health Systems Manager, American Cancer Society</li></ul>
4:15 PM – 4:30 PM	<b>Final Thoughts &amp; Next Steps</b>

# Registration Information

## Survivor School + Summit | FREE

Please select this registration type if you plan to attend the May 29th Survivor School and the May 30th [Nebraska Cancer Summit](#). Survivor School registration fee is waived for Summit attendees.

## Survivor School Only | \$15

Please select this registration type if you plan to attend the May 29th Survivor School Only.

Register online at: [www.necancer.org/preconference](http://www.necancer.org/preconference)

CE credits\* are included with registration. Please contact NC2 Executive Director Kirby Simmering with any questions about registration: [executivedirector@necancer.org](mailto:executivedirector@necancer.org).

\*Continuing Education Contact Hours awarded by Iowa Western Community College, Iowa Board of Nursing Provider #6; NC2 is a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc.

# About Your Facilitator

Survivor School is led by cervical cancer survivor and advocate Tamika Felder. She is the founder and Chief Visionary at Cervivor -- a nonprofit dedicated to cervical cancer advocacy, support and empowering women around the world with the tools to share their own cervical cancer stories. Newsweek Magazine named her a "Cancer Rebel" and her inspiring story has been featured in numerous media outlets around the globe.



# Sponsors



Funding for this conference was made possible (in part) by the Centers for Disease Control and Prevention. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does the mention of trade names, commercial practices or organizations imply endorsement by the U.S. Government.